



ADS

SOUTH WEST SCOTLAND

ADS ANNUAL REPORT 2023

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Overview

Welcome to the ADS Annual Report 2022-2023. This year started on a very positive note for us, with our existing Talking Therapies Contract and Being There Family Support Service being extended for a further 12 months.

We also launched our new outreach Housing Support Services for people aged over 25 across Dumfries and Galloway, having been awarded these new contracts in January 2023.

A very busy few weeks ensued, with clients being transferred to us from outgoing providers, along with new referrals from Dumfries and Galloway Homeless and Housing Options from the off.

The COVID pandemic seemingly abating, a degree of normality has thankfully returned. We continued to support our staff to work flexibly, combining office, community and home working.

Al this good news is tempered of course by the current economic conditions affecting us all, but especially so the vulnerable people we support.

Our Annual Report as usual contains detailed reports from each ADS service, but here are some highlights.

Talking Therapies

We are pleased to report our service has settled down to more manageable levels after the unprecedented number of referrals received last year. This has been welcomed and has allowed us to review, develop and consolidate. The intensity of clients’ presenting circumstances remains the same if not more complex. It has been another challenging year – however one we have been better equipped to respond to.

This year, our service was evaluated by the Dumfries and Galloway Alcohol and Drug Partnership Support Team. Clients, staff and stakeholders were interviewed and provided detailed feedback on their experience of ADS. The evaluation report was extremely positive, and we are very proud of the service’s achievements and our Talking Therapy staff. We also welcomed suggestions and ideas from people accessing our service: their insight was as always invaluable.


What the people we support said....



As always when I have been in the service it has been exceptional and couldn't ask for anything better. Counselling really has helped me to grow and learn and to understand more and more about how my past affected me.



It has taught me to be an open book, I now have everything I have ever wanted. I still can't believe I am alcohol free.



The fact I've been able to set my own goals and the non-judgement helped me feel less stressed about changing my behaviour.

We ended March 2023 with the commitment to pursue accreditation with the COSCA Recognition Scheme. COSCA is the professional body for counselling and psychotherapy in Scotland, and we look forward to working with them to achieve this much lauded award.

Housing Support Service

In Dumfries and Galloway, an unprecedented number of people presented as homeless to our local authority. This coupled with the change to contracts meant in addition to new referrals from the housing options and homeless teams, we also had a proportion of individuals transferring from previous providers. This was an incredibly challenging time. Moving forward we expect referral rates to reduce slightly in the coming years of this contract as we will not have the additional pressure of transfers from other providers. Recruitment throughout this year has been a considerable challenge with several recruitment days resulting in few job offers being made. We were delighted however to welcome Leanne Thomson, Reave Brown, Martyn Dunlop, Kirsteen McColm and April Wilson to the existing team this year.

Being There Family Support Service

Now an established team within the Alcohol and Drug Support Services for Dumfries and Galloway, Being There is providing a much needed and appreciated service to family members who often feel isolated with their frustrations and fears for their loved ones. Offering a safe, friendly, and informative environment, family members can learn coping techniques, improving their lives and that of their families. Sadly, in May 2022, Fiona Limbrey moved on to employment in a different sector, but in March 2023 we were pleased to welcome a new member to the team, Math Thomas. We are sure Math will add value to the service currently provided.


The service was evaluated by the ADP Support Team this year, with a very positive outcome. Family members, staff and partners were interviewed.

People were asked to think about what the impact would be if they didn't have access to the Being There Family Support Service. Everyone thought they would be left on their own if they didn't have the service as there was no other support like this locally.


Many people felt there would be a significant impact on

Given the challenges of this year, high referrals and resourcing issues we were absolutely delighted to achieve an excellence rating of 99.9% from our service users.

What the people we support said...



I trust you and the support you give me is life changing for me. You always believe in me.



Where do I start to thank you for your support and encouragement and belief in me? Without your support I would not be here now, I have been offered a wonderful tenancy in Sandhead which is down to you and Homeless and waiting on PIP appeal. You always believe in me and keep me positive and focussed. You are a super Star and I value you so much.

their mental health and well-being without the support from their family support worker. Some had noticed that by getting support themselves they had been able to better support their family member and saw improvements in their loved one's recovery.

What the family members said...



Kind, non-judgemental, and great listening skills, provided some really good practical advice, which guided us through the most difficult of times. I'm not sure I would have been so resilient without your help.



"I don't have much support for myself, as everything is geared round my grandson, so being able to talk to someone about myself, has been really helpful. The advice I have been given has been really good too and you have been interested in me, and what I have to say."

Little Box of Kindness

In the previous two years we have delivered The Little Box of Kindness Initiative, which was a partnership approach to help improve individuals' and families' physical and mental health and wellbeing during the COVID 19 pandemic. ADS and APEX were the lead partners.

Based on the success of the original project, which was rolled out during the first lockdown of 2020, we received further funding from the National Lottery Community Fund, to further develop the initiative.

In December 2022 we committed what remained of our National Lottery Community Funding to assembling and delivering over 200 Christmas Bags of Kindness to people supported by each ADS service, APEX, We Are With You and the NHS Specialist Drug and Alcohol Service.

And Finally

Mindful of the cost of living crisis, and following a review of our income and expenditure, we were able to increase salaries in 2022, and again in 2023. We signed up to the Fair Work First principles, the Scottish Government's flagship policy for driving high quality and fair work across the labour market in Scotland. We are proud to have become accredited as a Living Wage Employer too, and hope that this helps attract new staff to join us in the future.

We would like to thank our staff for their significant contribution to ADS. We continue to deliver quality services for the vulnerable people who need our help and support, none of which would be possible without our great team.

Dr Angela Roberts
Chief Executive

Whereas the original 2020 project focused on helping people manage the anxiety and often boredom of the first pandemic lockdown, the acute cost of living crisis and accelerating energy costs in 2022 were the main drivers for the 2022 Christmas Bags of Kindness.

We consulted ADS and recovery partner staff about what should be included. In addition to the usual Christmas sweets and treats, this time the bags contained hats, scarves, gloves, hot water bottles and food, in addition to luxury toiletries, arts and crafts materials and so on. Everyone who received a Christmas bag was delighted to do so.

Our thanks also to the ADS Charity Trustees, who also welcomed Cllr Linda Dorward as a Council Observer this year.

We are also very grateful for continued financial support and confidence from our commissioners, Dumfries and Galloway Council and Dumfries and Galloway Alcohol and Drug Partnership.

Special thanks to Helen Reid, Laura Payne and Morag Hogg for their assistance with the preparation of this year's Annual Report, and to Katy Colthart of KC Creative for the report's design.

Mr Syd Barry
Chair

OUR TEAM 2022/2023

Honorary President

Ian Stewart OBE

Directors

Syd Barry
Chair

Mhairi Ross
Vice - Chair

Karen Irving
Director of Finance

Carol Reece
Director

Cllr Linda Dorward
Council Observer

Dr Angela Roberts
Company Secretary

Senior Leadership Team

Dr Angela Roberts
Chief Executive

Helen Reid
Head of Operations

Debbie Dickie
Professional Head of Service

Janice Henderson
Housing Support Team Leader

Talking Therapies

Donna Carruthers
Talking Therapist

Jeanette Chantler
Talking Therapist

Lara Black
Talking Therapist

Shirley Islam
Talking Therapist

Housing Support Service

Caroline Keith
Housing Support Worker

Tony Walsh
Housing Support Worker

Allison Porter
Housing Support Worker

Leanne Thomson
Housing Support Worker

Reave Brown
Housing Support Worker

Martyn Dunlop
Housing Support Worker

Kirsteen McColm
Housing Support Worker

April Wilson
Housing Support Worker

Administration

Laura Payne
Administrator and Data Compliance Officer

Family Support Service

Lisbeth McColm
Family Support Worker
Annandale & Eskdale

Morag Hogg
Family Support Worker
Wigtown & Stewartry

Fiona Limbrey (until May 2022)
Family Support Worker
Stewartry

Math Thomas
Family Support Worker
Dumfriesshire

Keith Moore
Volunteer Minibus Driver

TALKING THERAPIES

Our Contract

We are pleased to report our service has settled after the unprecedented number of referrals received last year. This has been welcomed and has allowed us to review, develop and consolidate. The intensity of service users’ presenting circumstances remains the same if not more complex. It has been another challenging year – however one we have been better equipped to respond to.

336 individuals presented to this service for therapy with 100% of clients waiting no more than 21 days for their first appointment. Interestingly the proportion of individuals presenting with drug, alcohol or co-dependency issues is consistent with the previous year.

Most referrals to this service continue to come from other treatment and recovery services within Dumfries and Galloway. We continue to collaborate with our partners to enhance the client experience and ensure they are receiving the appropriate service.

We continue to be flexible with the platforms for our therapy delivery. The majority is conducted by telephone at the clients request however we offer face to face appointments in the community in addition to online appointments. We also provide out of hours appointments if required.

In this coming year we are hoping to enhance our community offering with additional locations, if required and requested by our client group. This will be driven by client needs.

This year, our service was evaluated by the Dumfries and Galloway Alcohol and Drug Partnership Support Team. Clients, staff and stakeholders were interviewed and provided detailed feedback on their experience of ADS. The evaluation report was extremely positive, and we are very proud of the service’s achievements. We also welcomed suggestions and ideas from people accessing our service: their insight was as always invaluable.

Our current contract is due to end on 31st March 2024. We wait, with anticipation, to hear if the Dumfries and Galloway Alcohol and Drugs Partnership will recommission a Talking Therapy service for the region. To date the evidence generated by our service demonstrates a great need for a Talking Therapy Service, as an option for treatment in Dumfries & Galloway.

The People We Support

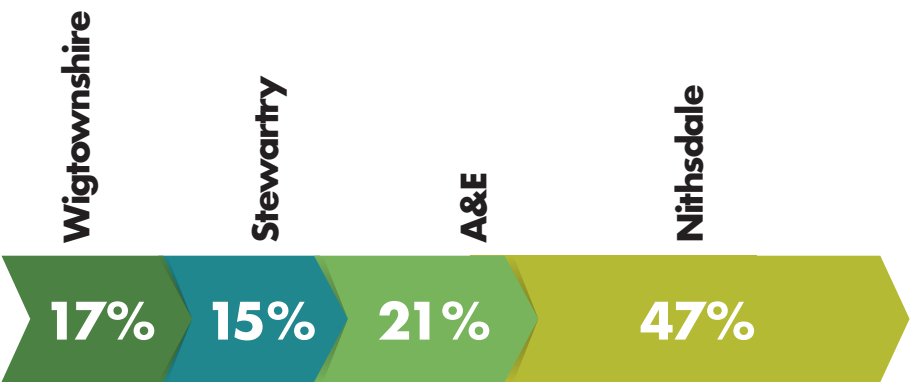
Client progress can be demonstrated by our Recovery Outcomes reporting. An incredible 99% of service users reported a significant improvement to their substance use. This figure has also remained consistent with previous years. This measurement of positive outcomes recording provides

strong evidence in support of the continuing need for this service. This clearly demonstrates the progress our service users makes whilst engaging with therapy.

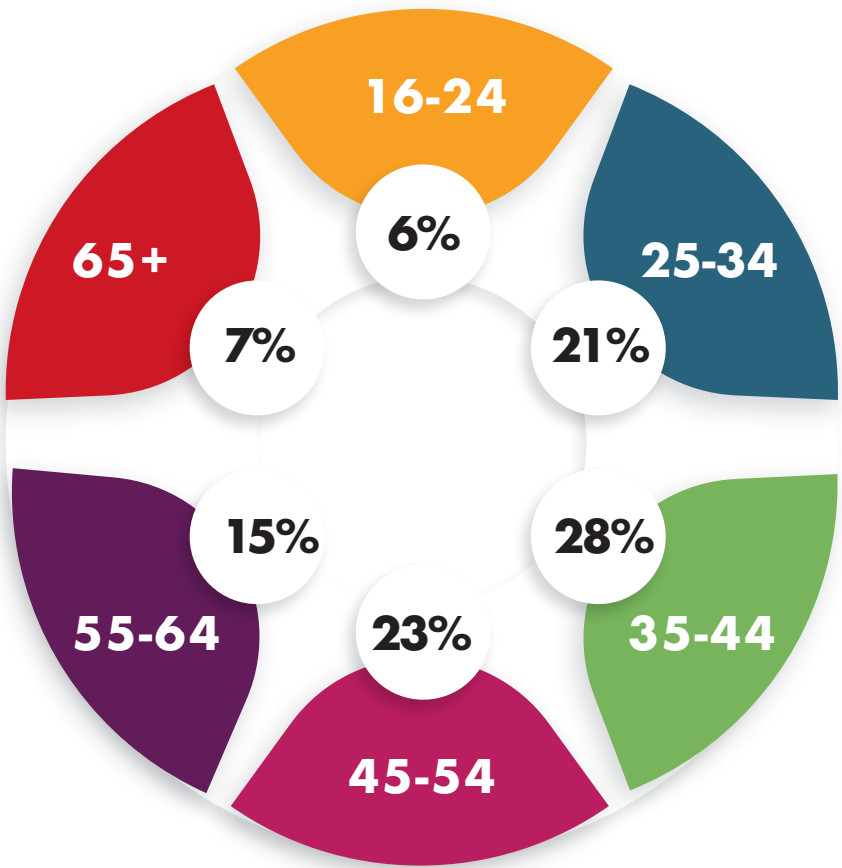
		COUNT / PERCENTAGE INCREASE & DECREASE						
AVERAGE INCREASES		DECREASE		NO CHANGE		INCREASE		EVERY COUNT
SUBSTANCE	3.80	0	0.0%	1	1.0%	99	99.0%	100
SELF CARE	1.86	1	1.0%	36	36.0%	63	63.0%	100
R'SHIPS	1.63	2	2.0%	32	32.0%	66	66.0%	100
PHYSICAL HEALTH	1.09	2	2.0%	53	53.0%	45	45.0%	100
MENTAL HEALTH	2.46	1	1.0%	12	12.0%	87	87.0%	100
TIME	1.75	2	2.0%	34	34.0%	64	64.0%	100
HOUSING	0.43	2	2.0%	82	82.0%	15	15.0%	99
OFFENDING	0.25	2	2.0%	89	89.0%	9	9.0%	100
MONEY MATTERS	0.69	2	2.0%	74	74.0%	24	24.0%	100
CHILDREN	0.20	1	1.0%	92	92.0%	7	7.0%	100

TALKING THERAPIES

ADS TALKING THERAPIES: LOCALITY



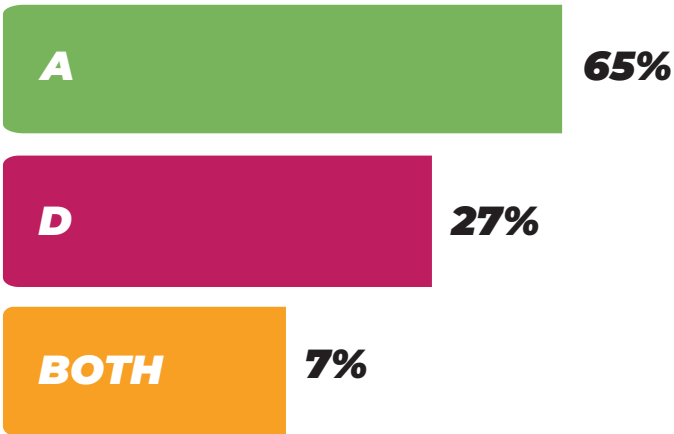
ADS TALKING THERAPIES: AGE RANGE



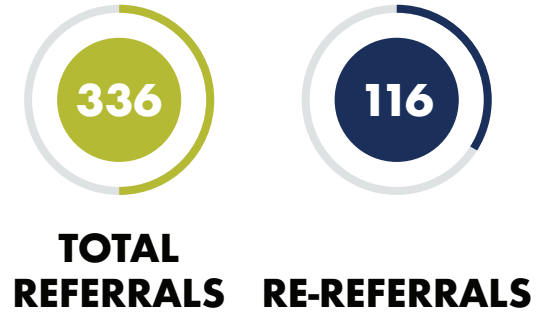
ADS TALKING THERAPIES: GENDER



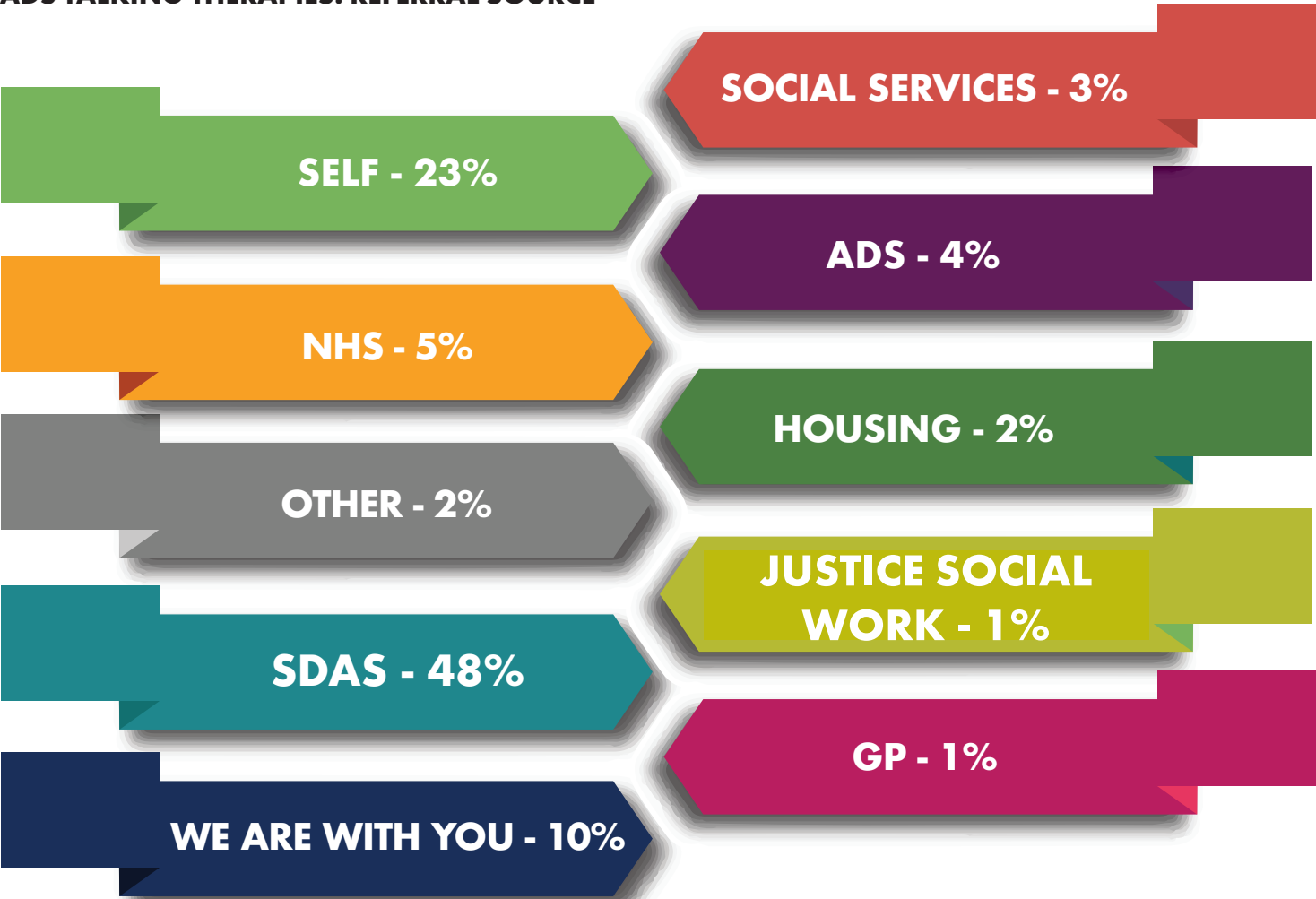
ADS TALKING THERAPIES: SUBSTANCE



ADS TALKING THERAPIES: REFERRALS



ADS TALKING THERAPIES: REFERRAL SOURCE



TALKING THERAPIES

Our clients' gratitude to our Therapists shines through in the feedback received. The excellence rating achieved by the Talking Therapies Team is 96.3%. Client's feedback is nothing short of inspirational and motivational.

- Debbie has always been positive and patient, and allowed enough time when needed, and guided me through difficult times with understanding and empathy. She also provided me with lots of useful tools to help me progress to a more positive place that I would not have been able to achieve alone. I am very grateful for her understanding and experience. She is a credit to ADS.**
- Having the back-up has been very important, it has helped me go into depth more, and helped me carry on abstinence. Having had thoughts of alcohol and dreaming about it, Debbie helped me to understand this and normalise it. Debbie gave me the tools to help me deal with situations which was so important.**
- I think it has been a bed rock to me, Donna has been a safe person to speak to that doesn't hold any judgement. The service is genuine and authentic, and I have trust in my time with Donna. When I was at my most vulnerable, I was able to reach out and get the support I needed.**
- The service I have received has allowed me to talk and open up and has given me more confidence to talk. Debbie has been spot on to talk too, and has always been understanding and really good. She has been A1 and always sensed when I have been really down.**
- As always when I have been in the service provided has been exceptional and couldn't ask for anything better. Counselling really has helped me to grow and learn and to understand more and more about how my past affected me.**
- It has taught me to be an open book, I now have everything I have ever wanted. I still can't believe I am alcohol free.**

Our Staff

The counselling team are a highly effective team, demonstrating leadership, open communication, and commitment to measuring and evaluating the aims and outcomes of this service.

Having demonstrated the need to expand our team, we were delighted that the ADP funded another full-time post within our service. We welcomed the delightful Lara Black into our ADS family: a much-needed additional resource to the team. This has helped reduce the individual caseloads, stress, and pressures of the previous year. It has allowed the counsellors more time for reflection, development, and consolidation of their expertise.

They continually work in collaboration with Laura our administrator to creatively challenge our processes, reflect on the client experience and improve the service communication to ultimately enhance our service delivery. Laura's attention to detail is key to this accomplishment.

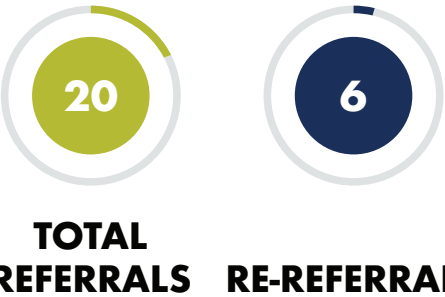
- The self-care initiative implemented during the pandemic continues to be paramount in everyday life in ADS across each of our services.
- In summary, the ADS Talking Therapies Service has had an excellent year. It continues to meet and often exceed the expectations of our client group. Our future plans for the coming year include pursuit of accreditation with the COSCA Recognition Scheme. COSCA is the professional body for counselling and psychotherapy in Scotland, and we look forward to working with them to achieve this much lauded award.
- Helen Reid**
Operations Manager
- Shirley helped me put things into perspective and work with what I want to do about my drug use, gave me tools to change it the way I want to.**
 - The availability and accessibility, knowledge and experience of my counsellor Jeanette made all the difference.**
 - The fact I've been able to set my own goals and the non-judgement helped me feel less stressed about changing my behaviour.**
 - It's been a catalyst to draw my attention to what has been going on. It has been better than I expected it to be and have found it to be a supportive service.**
 - I have been able to explore and speak with Lara about things I have never discussed. Confidentiality has been important to me.**

GAMBLING SERVICES

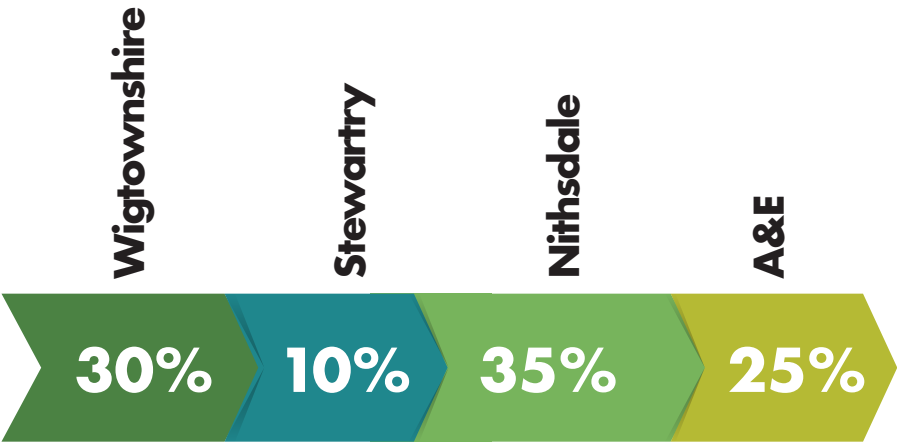
ADS GAMBLING SERVICES: GENDER



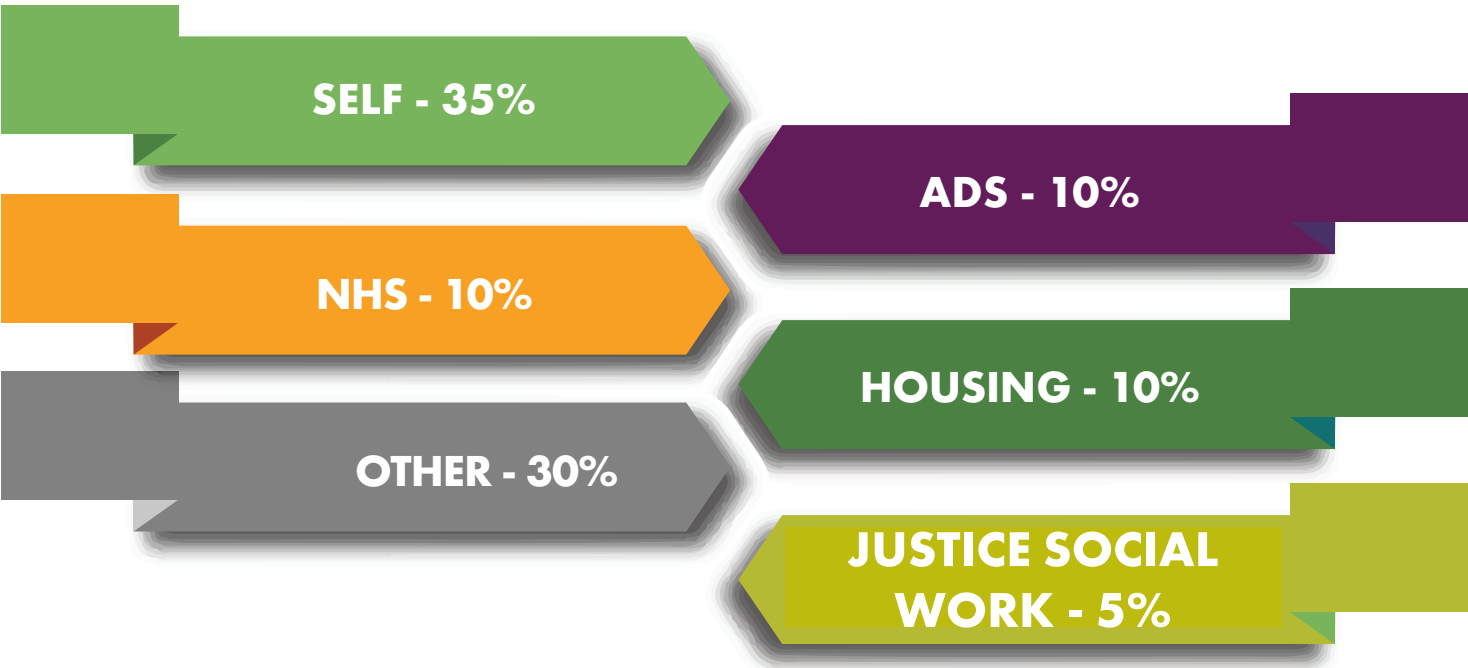
ADS GAMBLING SERVICES: REFERRALS



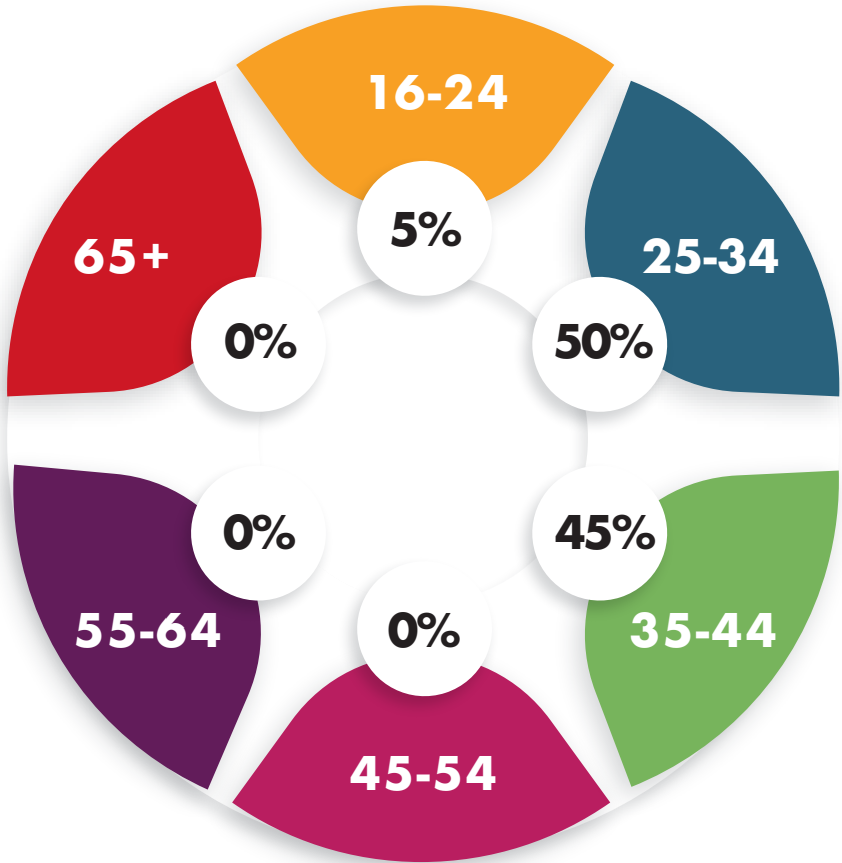
ADS GAMBLING SERVICES: LOCALITY



ADS GAMBLING SERVICES: REFERRAL SOURCE



ADS GAMBLING SERVICES: AGE RANGE



HOUSING SUPPORT

Our Contract

The year has been a baptism of fire for the Housing Support Service: the first year of our new contract. As anticipated, we expected our referral rates to increase significantly. We received 285 referrals compared to 105 in the previous year.

This equates to an increase in referrals of 171%

In Dumfries and Galloway an unprecedented amount of people presented as homeless to our council. This coupled with the change to contracts meant in addition to new referrals from the housing options and homeless teams we also had a proportion of individuals transferring from previous providers. This was an incredibly challenging time. Moving forward we expect referral rates to reduce slightly in coming years of this contract as we will not have the additional pressure of transfers from other providers.

We worked closely and collaboratively with our commissioners – Dumfries and Galloway Council. We established priorities and short-term expectations in the early months of this new contract and as such were able to meet our contractual requirements from an early stage. Regular open and honest communication, together with the sharing of constructive feedback to and from stakeholders has led to sound working practices and partnerships.

At this time, the team was under immense pressure with extremely high caseloads. In part this was down to challenges with recruitment. The staff were not only hard working, they were also focused on ensuring our service standards remained paramount, and throughout this time managed to achieve positive outcomes with our service user group.

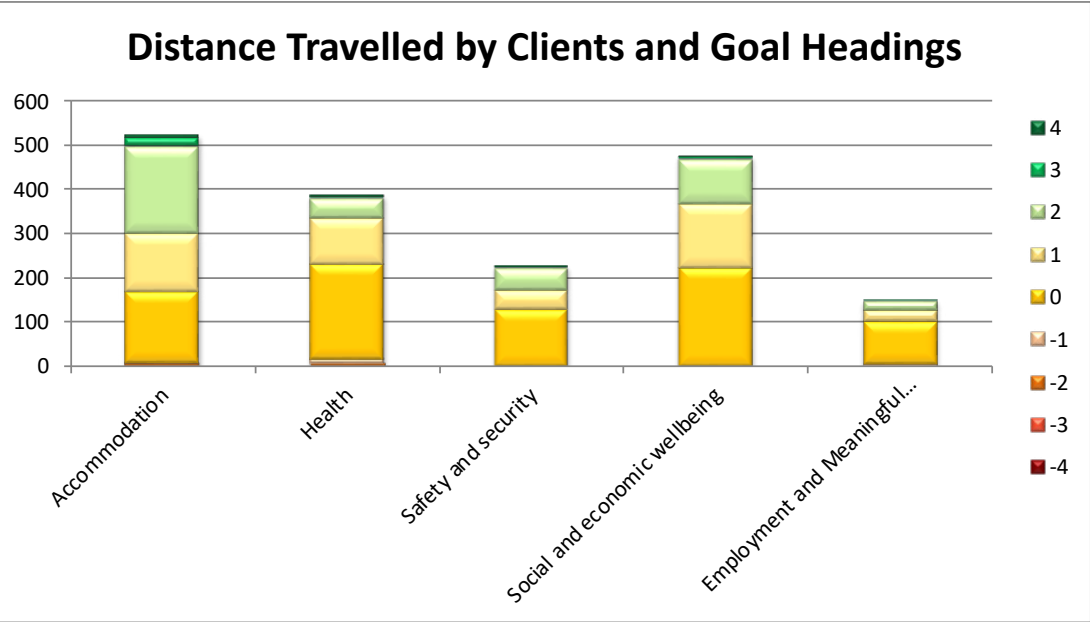
The People We Support

This was another year of achieving and recording positive outcomes for the people accessing our Housing Support Service.

point to note is positive outcomes were achieved in all elements of support.

As expected, given the nature of our support and the remit of our service, significant improvements in outcomes were recorded in the Accommodation elements of our outcome reporting as well as Social and Economic Wellbeing. A

Given the challenges of this year, high referrals and resourcing issues we were absolutely astounded to achieve an excellence rating of 99.9% from our service users.



You have had me smile again and believe in myself. I feel safe in my own home now and able to manage my own tenancy.

You have been there with me when I've been at rock bottom and supported and encouraged me throughout the last six months. I would not be here today if not for your support and belief in me. I am now looking to the future and that's because of you.

Having my support worker believing in me and helping me negotiate with the housing association I don't know where I would be without my support worker.

I've had the maximum help with all aspects of living; bills, appointments, travel-bus times. Support has been very efficient and effective for me. Every aspect of support has been very well planned and implemented. Support has been compassionate and sensitive to my needs.

The support I have received has been fantastic. My support worker always kept in contact with me and was there when I needed support.

Where do I start to thank you for your support and encouragement and belief in me? Without your support I would not be here now, I have been offered a wonderful tenancy in Sandhead which is down to you and Homeless and waiting on PIP appeal. You always believe in me and keep me positive and focussed. You are a super Star and I value you so much.

I trust you and the support you give me is live changing for me. You always believe in me.

You don't know how your support has changed my life. We have been through a journey the last 18 months and finally I can look to the future and I am secure in my wee home by the sea. Thank you so much for being there through some awful times. I survived and that's down to you and your support.

I don't know what I would have done without your support the last year, you have always been there, always a positive support and you have changed my life and I love my new tenancy in Glenluce. Thank you for keeping me positive about my future and picking me up when I was down and there were many of those days. I can see a future now with my children and that's because of your support. I can't thank you enough.

HOUSING SUPPORT

Our Staff

Put simply, this team is outstanding.

What they have achieved this year in what have often been challenging circumstances is to be admired. It is a pleasure and honour to work alongside them.

During this year we welcomed Leanne Thompson, Martyn Dunlop, Reave Brown, Kirsteen McColm and April Wilson to our team. Highly qualified and professional individuals who became competent in their roles very quickly.

The Housing Support Team are the definition of teamwork. They work creatively, cohesively, and effectively - all focused on achieving the best outcomes for the people they support.

We will continue with our recruitment campaign to welcome appropriately qualified and professional individuals to join this highly skilled team.

Helen Reid
Operations Manager

ADS HOUSING SUPPORT: REFERRAL SOURCE



ADS HOUSING SUPPORT: REFERRALS

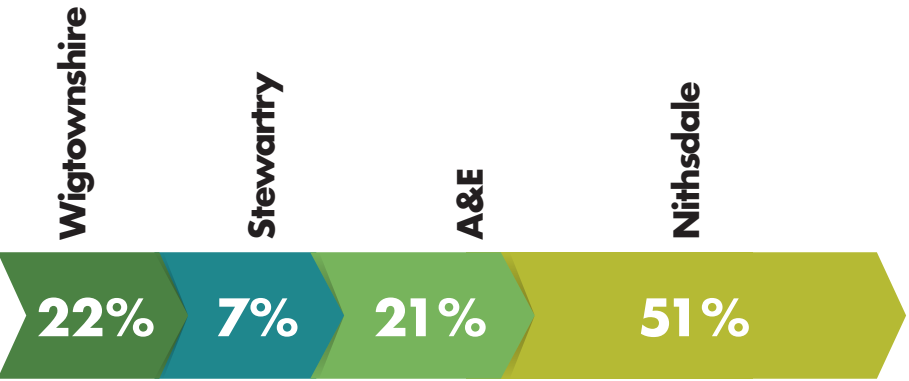


TOTAL
REFERRALS



RE-REFERRALS

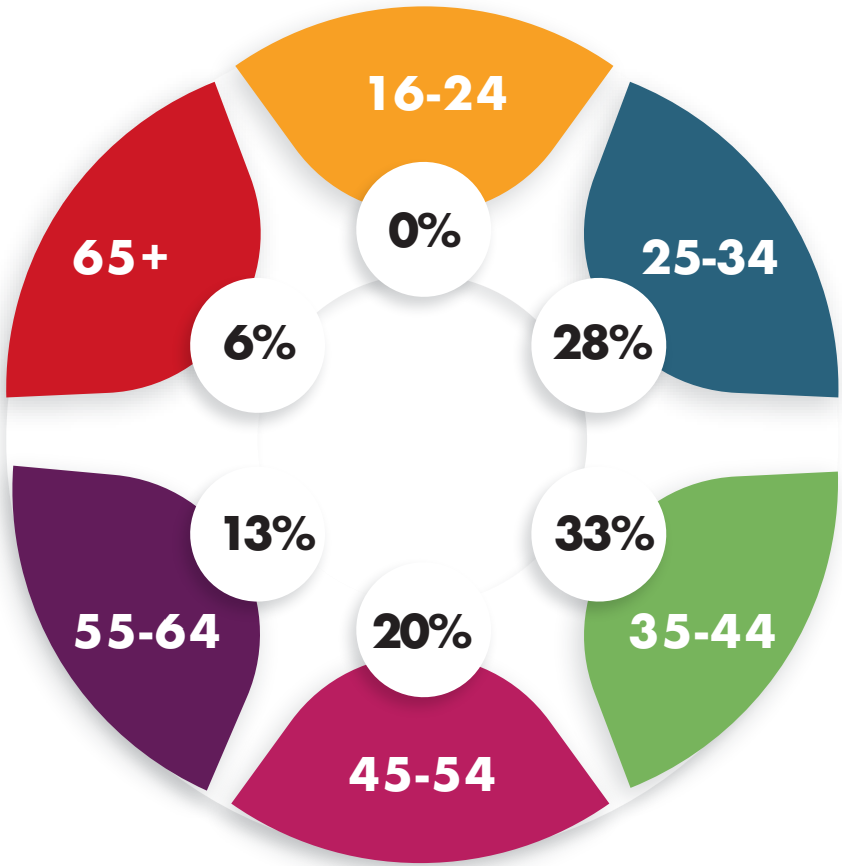
ADS HOUSING SUPPORT: LOCALITY



ADS HOUSING SUPPORT: GENDER



ADS HOUSING SUPPORT: AGE RANGE



BEING THERE ANNUAL REPORT SUMMARY

Now an established team within the Alcohol and Drug Support Services for Dumfries and Galloway, Being There is providing a much needed and appreciated service to family members who often feel isolated with their frustrations and fears for their loved ones. Offering a safe, friendly, and informative environment, family members can learn coping techniques, improving their lives and that of their families. We are fulfilling a role which is benefitting many people

choosing to engage with our service. The relaxation of COVID restrictions this year allowed for in-person meetings to take place and saw an increase in service development with family members, partner agencies and community engagement. We are delighted to report that our current contract has been extended until March 2024.

STAFFING

Starting the year with a full-time vacancy, recruitment proved challenging! The remaining members of staff covered this post until a suitable replacement was found ensuring continuity of service throughout the region. Sadly, in May 2022,

Fiona Limbrey moved on to a different sector, but in March 2023 we were pleased to welcome a new member to the team, Math Thomas. We are sure Math will add value to the service currently provided.

TRAINING

Ongoing staff training took place over the course of the year, mainly online, covering various drug and alcohol related topics, however the opportunity to have in-person Naloxone

training arose proving to be invaluable to staff. Since then, one staff member has been trained to a higher level and is now able to deliver Naloxone training to others.

COMMUNITY ENGAGEMENT

We have taken our message of support and encouragement on to the streets this year, with various pop-up events throughout the region focussing on Prevention and Alcohol and Overdose Awareness, providing information and advice on services available, and encouraging members of the public to seek support for themselves and their loved one. This has proven to be a rewarding experience for staff and beneficial to most people who engaged on the days, therefore we

plan to develop this area and deliver more pop-up days in the year to come. We increased our social media presence too, actively posting information and advice on a regular basis and sharing posts from our partner agencies, hoping to draw attention from the public and encourage more people to seek support.

GROUP WORK

Our twice monthly online Group Meetings proved to have a poor uptake, which made staff rethink our strategy regarding the needs of family members. Suspending this group for now, a new in-person group meeting was established in Dumfries

which has been running well since July 2022. Attendance rates have been increasing as the group has developed which is most encouraging. We will look to offer a similar group in the West of the region when interest permits.

EVALUATION

The service was evaluated by the ADP Support Team this year, with a very positive outcome. Family members, staff and partners were interviewed. People were asked to think about what the impact would be if they didn't have access to the Being There Family Support Service. Everyone thought they would be left on their own if they didn't have the service as there was no other support like this locally.

Many people felt there would be a significant impact on their mental health and well-being without the support from their family support worker. Some had noticed that by getting support themselves they had been able to better support their family member and saw improvements in their loved one's recovery.

PARTNERSHIP WORKING

With the relaxation of COVID measures this year, staff have been feeling the benefit of meeting our own team and partner agencies in person. Joining the ADP Prevention Group led to pop-up events taking place throughout the region and the chance to spend time with colleagues and develop our partnership working relationships.

Occasionally, due to the expanse of our region, in-person meetings were not always possible or practicable, so the opportunity to join online has remained an option. In March, we joined a 2-day "Families on the Frontline" conference in Stirling with staff and a family member in attendance.

In October we attended a Practitioner's Forum, organised by the local Alcohol and Drugs Partnership [ADP], which proved worthwhile, meeting partner agencies, sharing ideas, hearing in detail about their work and promoting the benefits of the Being There service.

Our team provided details of family members keen to give experiential feedback on drug and alcohol services in our

region to the ADP, as part of the Medical Assisted Treatment [MAT] Standards work. This valuable research will help them identify areas for development and highlight any gaps within service.

We are proud to be involved in the Naloxone Programme for Dumfries and Galloway, taking part in the Working Group, which directs the way the programme will roll-out throughout the region and the Peer Naloxone Steering Group, helping identify individuals keen to train others to administer this life-saving drug. Spreading the message among family members, and promoting training through conversation, social media and pop-up events has been a priority to the team.

Meeting with partners to discuss "The Needs of Women Using Substances," identified the requirement for a short term-working group to be set up, which Being There has attended, to make sure services in the region are available for women and fit for purpose.

REFERRALS

This year our referrals totalled 41 compared to our contract target of 20 per year. Most our referrals (20%) were from the 65+ age range closely followed by 55-64yrs at 17%.

Referrals rates from men remain low at 20%, however we are

pleased to see a significant increase from last year (10%) and shows our focus to develop this area is working well. We will be looking at creative, innovative ideas to further encourage men to engage with our service next year.

FEEDBACK

Family members are at the heart of everything we do and the Being There team strive to deliver the best possible service to them, tailoring the needs of each individual and supporting them in whatever way suits them best.

The feedback we have received has been incredibly positive and the team find this both encouraging and rewarding to hear how our service is received and the difference it is making to people, helping individuals and families to move forward.

Here are some of the comments we have received over the course of the last year.

- It's been great having a support that is non-judgemental, having someone that gives a different perspective of the ongoing issues that you face.
- Kind, non-judgemental, and great listening skills, provided some really good practical advice, which guided us through the most difficult of times. I'm not sure I would have been so resilient without your help.
- I don't have much support for myself, as everything is geared round my grandson, so being able to talk to someone about myself, has been really helpful. The advice I have been given has been really good too and you have been interested in me, and what I have to say.
- I was desperately distressed at first, having never experienced anything like this before. Listening to what I had to say, helping me to feel at ease, talking through everything and giving reassurance was amazing. I am in a much better place mentally; I can deal with my emotions better now and speak more openly to my family and friends about how I am feeling.
- The service was to suit my needs not the other way about and you gave me brilliant information and advice. From where I was initially, I can't believe where I am now.
- Sometimes having a chat made all the difference. I will use all the knowledge I now have, to ensure we move forward as a family.

We are delighted to receive such excellent feedback, of course, we cannot be complacent and encourage family members to let us know if there is anything we can do or change to make the service even better.

So, another busy year as you can see. Changes to staffing, developing our roles within the community, increased demand for support, collaborating with partner agencies, striving to make support accessible, available and welcoming to all who need it.

Next year we will be looking to find new ways to encourage more men into our service, promote and develop our roles within the community, look to start a peer support group in the West of the region and continue to work collaboratively with our partner agencies to make sure people are getting the right support at the right time.

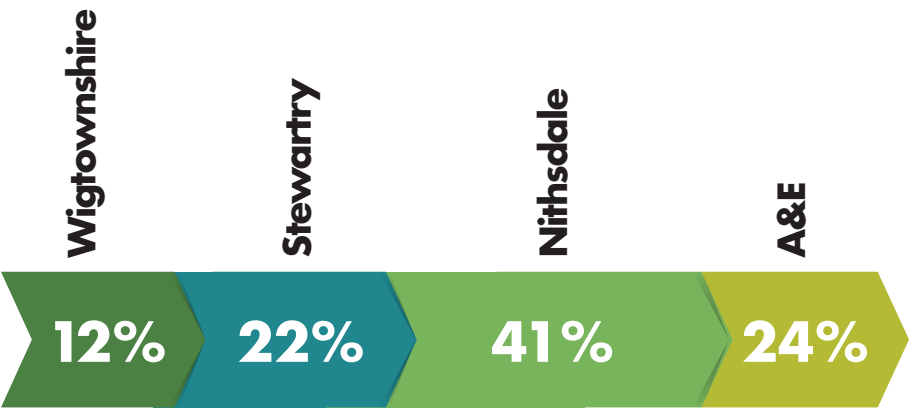
Morag Hogg
Being There Family Support Worker

BEING THERE: REFERRALS



TOTAL REFERRALS RE-REFERRALS

BEING THERE: LOCALITY

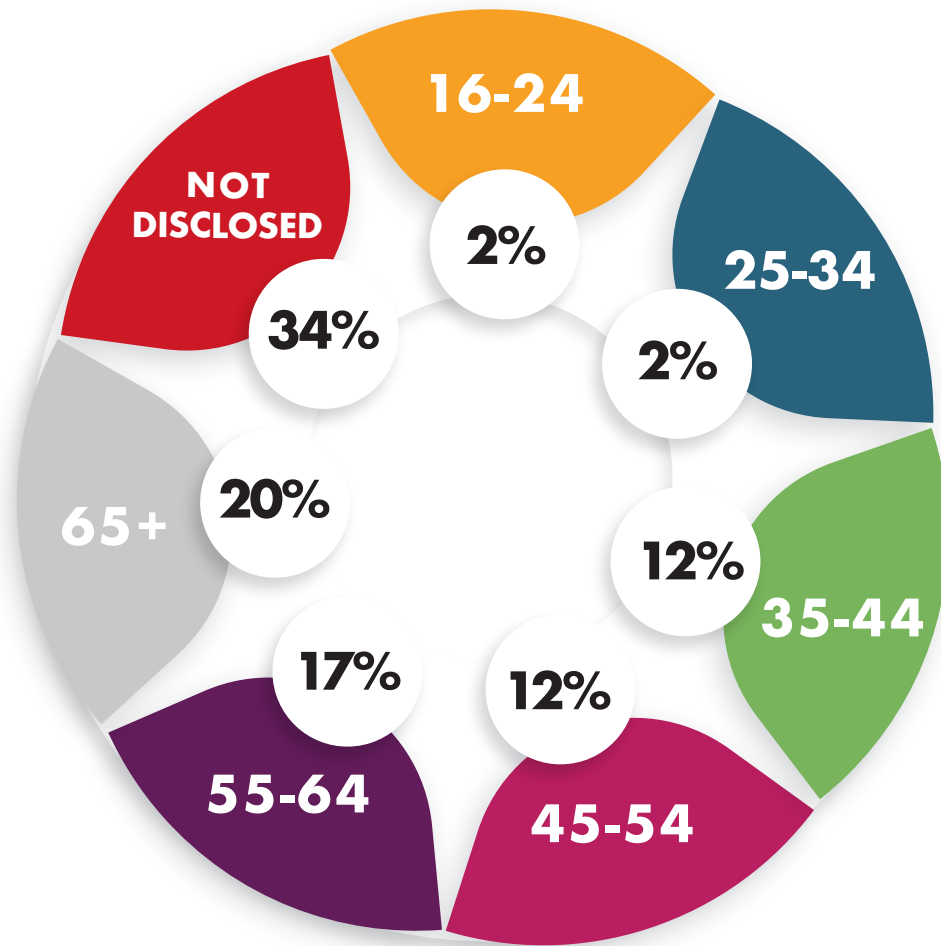


BEING THERE: GENDER

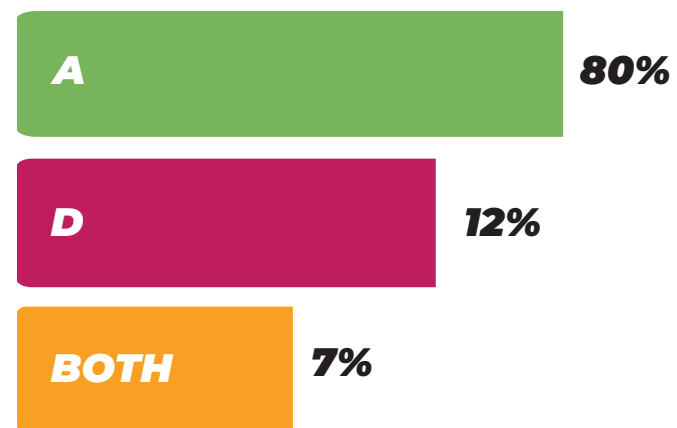


BEING THERE FAMILY SUPPORT SERVICE

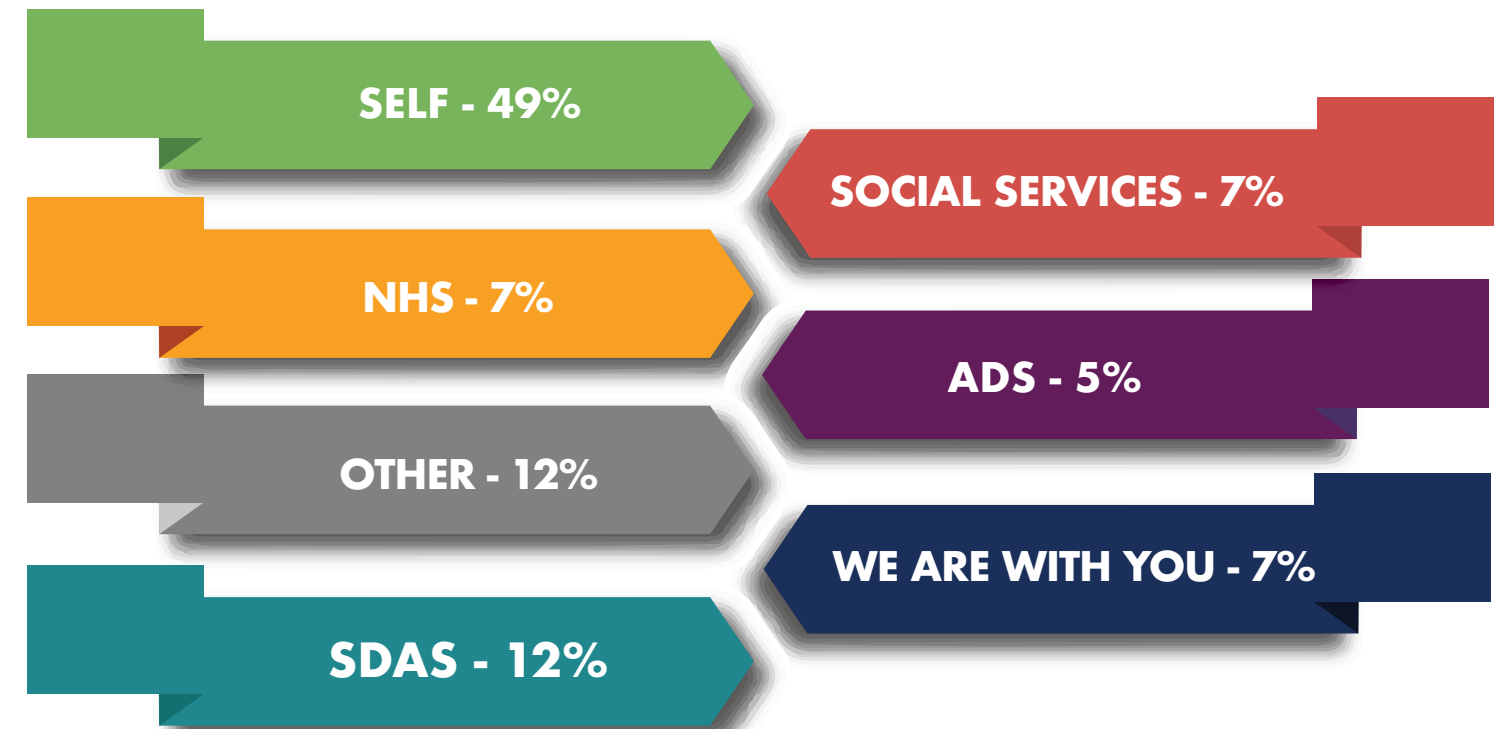
BEING THERE: AGE RANGE



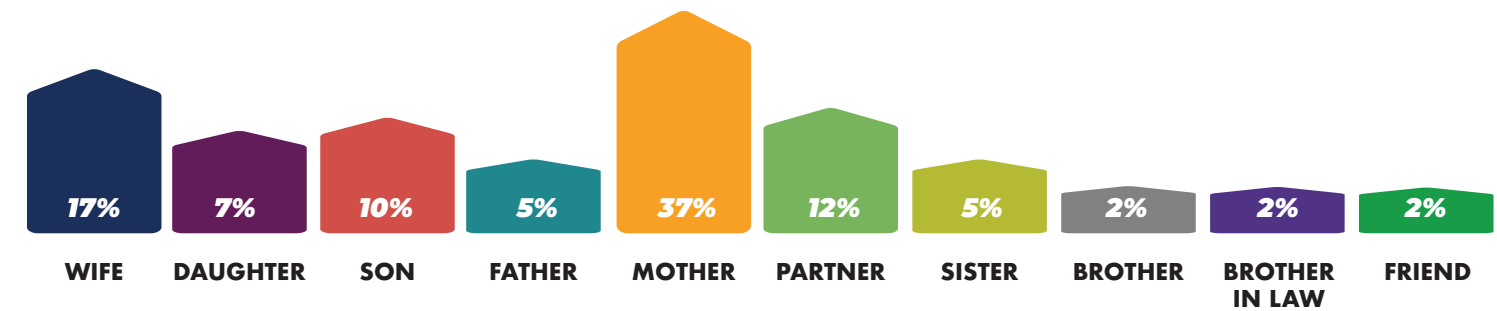
BEING THERE: SUBSTANCE



BEING THERE: REFERRAL SOURCE

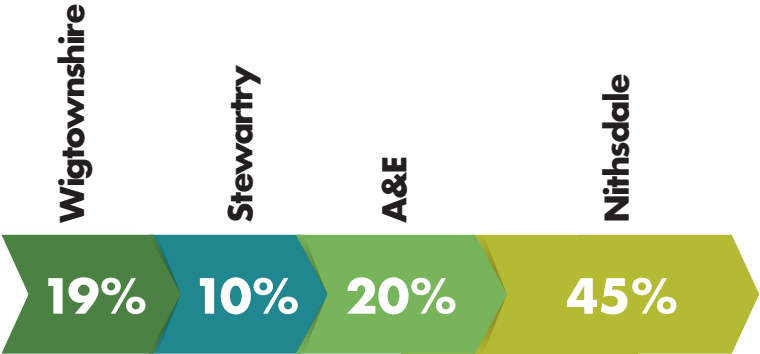


BEING THERE: RELATIONSHIP

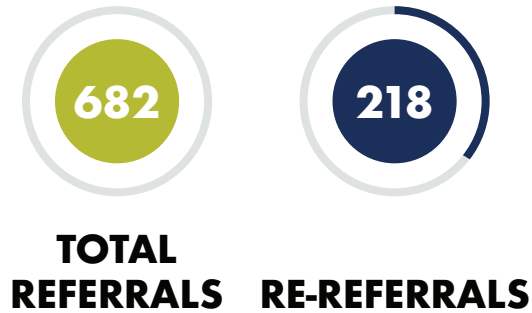


ADS Total

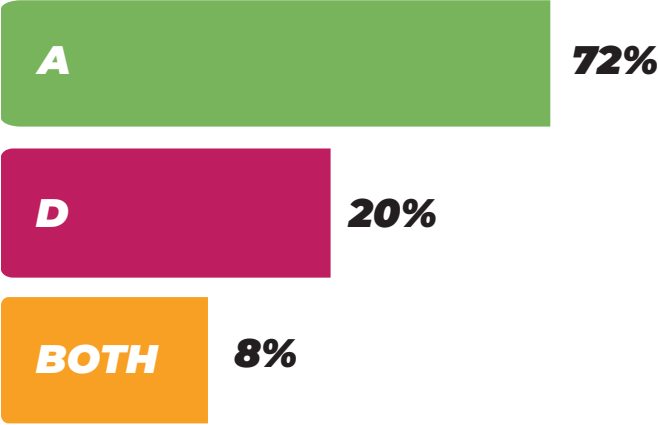
ADS TOTAL: LOCALITY



ADS TOTAL: REFERRALS



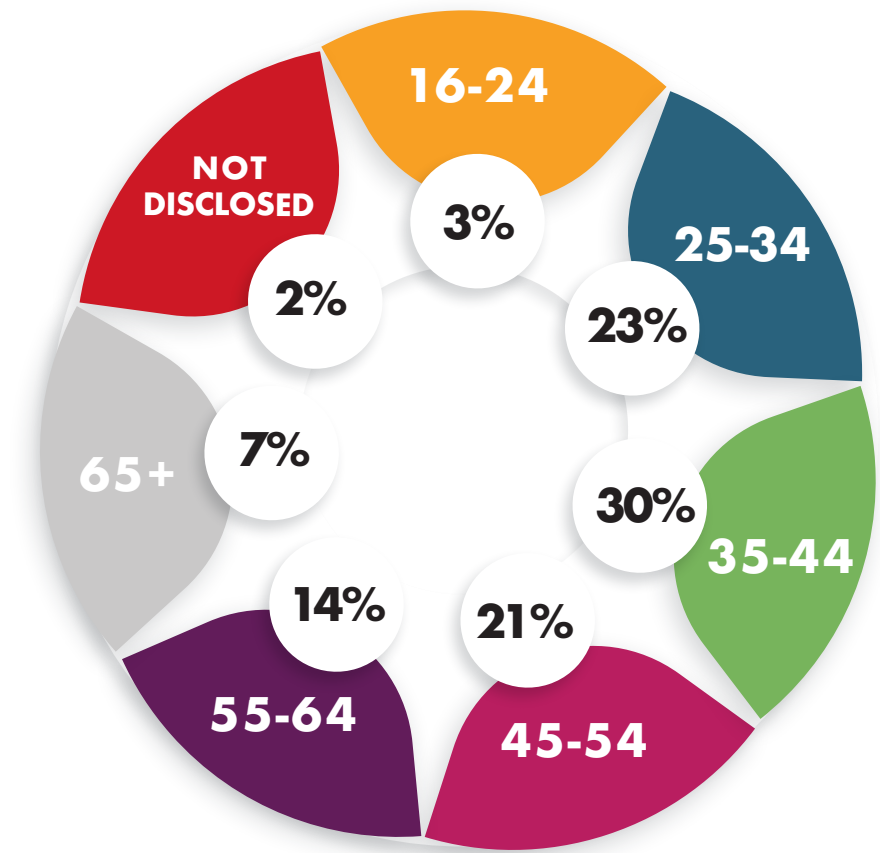
ADS TOTAL: SUBSTANCE



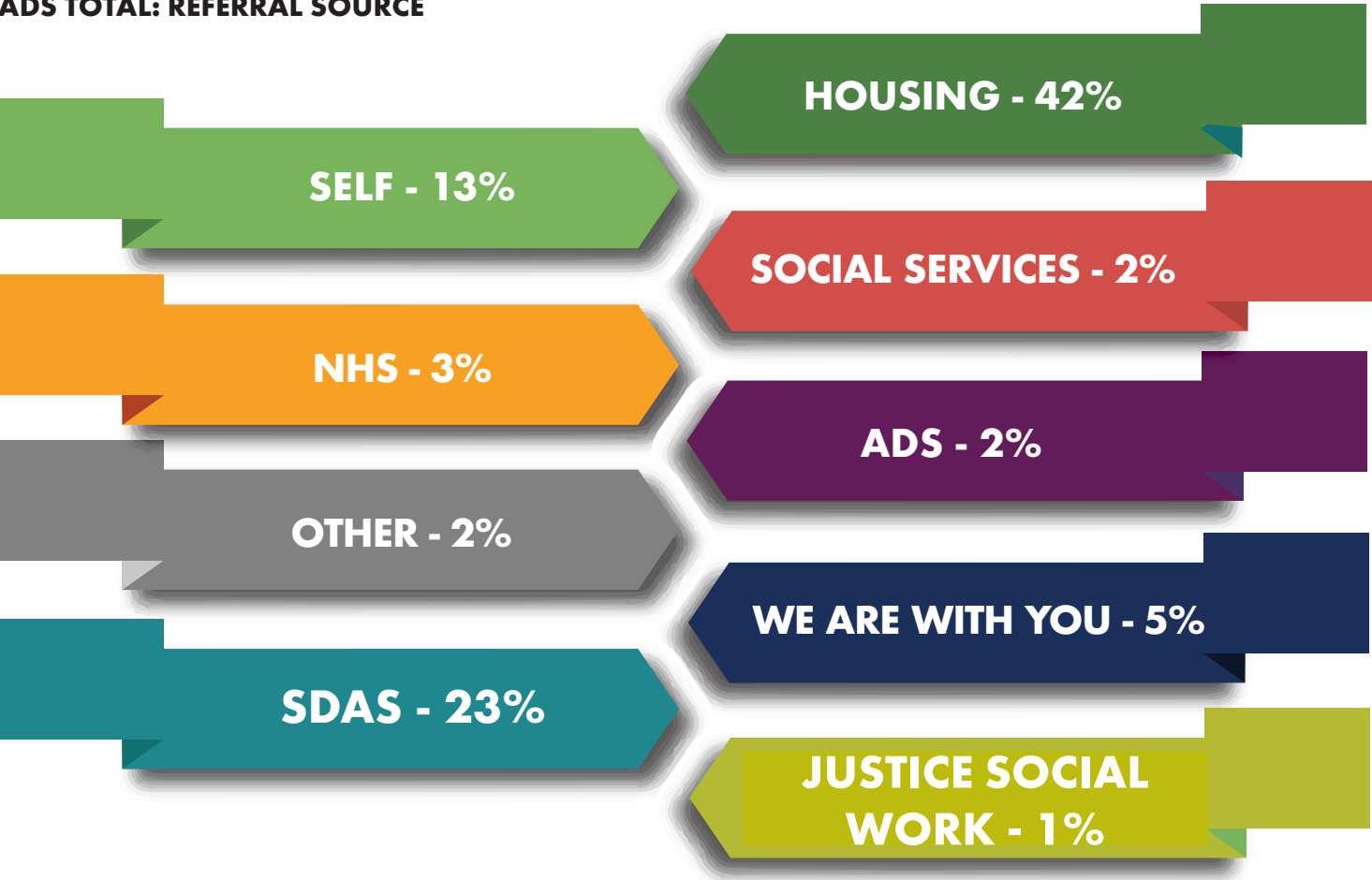
ADS TOTAL: GENDER



ADS TOTAL: AGE RANGE



ADS TOTAL: REFERRAL SOURCE



Statement Of Financial Activities (including income and expenditure account) for the year ended 31st March 2023

	Unrestricted Funds(£)	Restricted Funds (£)	Total Funds 2023 (£)	2022 (£)
Income from				
Donations & legacies	2,270	-	2,270	4,698
Charitable activities	41,387	690,195	731,582	454,400
Investments	1,476	-	1,476	101
Total Income	45,133	690,195	735,328	459,199
Expenditure on Charitable activities				
Operations of activities	(101,038)	(479,036)	(580,074)	(468,517)
Governance costs	(11,200)	-	(11,200)	(8,470)
Total expenditure	(112,238)	(479,036)	(591,274)	(476,987)
Net income/(expenditure) for the year	(67,105)	211,159	144,054	(17,788)
Transfers between funds	70,000	(70,000)	-	-
Net movements in funds	2,895	141,159	144,054	(17,788)
Reconciliation of funds:				
Total funds brought forward	188,194	129,246	317,440	335,228
Total funds carried forward	£191,089	£270,405	£461,494	£317,440

The Statement of Financial Activities includes all gains and losses in the year /
All of the above amounts related to continuing activities



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